

Intro to Assessment of Posture and Musculoskeletal Balance Course, Mod 1, LIVE, Science, 1.5 CE Hrs.

Continuing Education Courses for LMTs, Bodyworkers, and other Health Care Professionals. Learn to offer a new service, increase your income, help your clients to straighten up, get out of pain, and function at their best!

You must register and pay in advance for this class. Every Wed. 2p, 5p, Sat., 8a, 11a.

[Certificate Issued upon completion. 1.5 CE Hours. Live, Hands-on instruction.] \$45.00.

CE Category of this Course: Science.

Steve Davis, RYT, LMT, BCTMB will teach an introductory overview of the 60 CE Hour Online Full Course. Save your place in class. Limited to 6 persons. NCBTMB Approved Provider #1122.

There are 14 Learning Objectives for the full Course, listed below. In addition, there are many Learning Outcomes, unique to each Lesson.

1. Accurate observation of the client or patient.
2. Assessment of posture.
3. Plumb line photos. How to set them up, take them, and also the analysis of the plumb line photos.
4. Musculoskeletal balance assessment.
5. Gait analysis, also with video, which I recommend, for you and the client to study.
6. Movement analysis, also with video for the same reasons.
7. Develop a treatment plan, and how to modify it, as you are going along with your sessions.
8. Physics relating to movement, posture, and musculoskeletal balance.
9. Clinical practice overview.
10. In-depth study of methods.
11. Pathology.
12. Healing Light Kata, a movement form of exercises that I have developed. It is a fusion of Supreme Ultimate Fist, Yoga, and Posture Exercises designed to bring the body into neutral posture and musculoskeletal balance, focus the mind for accurate perception and accurate memory, flowing into the correct path.
13. Focused Massage Therapy, a fusion of ten modalities that I use in my practice.
14. Conclusion with Case Studies and Outcomes.

Outline and Schedule

Begin on the hour. Registration, Introductions, Orientation. The Introductory Course will be recorded with audio and video, and the completed video will be available online for all participants to study.

10 minutes. Overview of this Introductory Course, and Overview of the Full Course. Theory, Method, Data. Library. Goals.

20 minutes. Begin with Client Intake Process, Forms, Observation, Assessment, Treatment Plan.

30 minutes. Posture Assessment, Posture Photos, Gait Analysis Video.

40 minutes. Movement Session Video. Healing Light Kata.

60 minutes. Focused Massage Therapy.

75 minutes. Conclusion. Answer Questions. Schedule. Certificate of Completion.

90 minutes. Completion.



Steve J. Davis, RYT, LMT, BCTMB
Founder and Owner, Healing Light Yoga and Massage
By Appointment Only.
Phone **(503) 724-2755**, Fax (503) 200-1276
4036 NE Sandy Blvd., Suite 204, Portland, OR 97212

Creator: Present Moment Program, Assessment of Posture and Musculoskeletal Balance Course.

Registered Yoga Teacher, Licensed Massage Therapist

Board Certified in Therapeutic Massage and Bodywork

40+ years experience

<https://healinglight.info>

steve.davis@healinglight.info

YA #29243, OBMT #13099, BCTMB #512195-6, NPI #1124359088, NCBTMB Approved Provider #1122.

“Steve Davis is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal.”

Author Page on Amazon.

<https://www.amazon.com/author/stevejdavis>