

REFERRED TO: Steve J Davis, RYT, LMT, BCTMB

By Appointment Only.

Phone (503) 724-2755

Fax (503) 200-1276

4036 NE Sandy Blvd, Suite 4, Portland, OR 97212

healinglight.info

steve.yoga@yahoo.com

YA #29243, OBMT #13099, BCTMB #512195-6, NPI #1124359088

Registered Yoga Teacher, Licensed Massage Therapist, Board Certified in Therapeutic Massage and Bodywork

PRESCRIPTION/LETTER OF REFERRAL (8 pages)

THE FOLLOWING PRESCRIBED TREATMENT IS MEDICALLY NECESSARY

Date _____/_____/_____

Patient _____

Physician _____ Address _____

Phone _____ Fax _____ Website/Email _____

Any of the following Physician's Current Procedural Terminology (CPT) procedures and/or modalities, which are within this Therapist's scope of practice, training, and/or State, and/or Patient's Insurance Policy regulations, may be used as Therapist deems necessary during any treatment session. Normally four units are allowed per session. One Unit = 15 minutes. Conditions or prescription may require more units.

Therapist's Procedures and Modalities

- 97010 Hot/Cold pack Therapy (Hydrotherapy)
- 97140 Manual Therapy Techniques
- 97112 Neuromuscular Reeducation
- 97124 Massage Therapy
- 97110 Passive/Active Stretching

- 97799 Unlisted Physical Medicine Rehab Service or Procedure (By Report)
- _____
- _____

Physician's Diagnosis of Patient (see following 7 pages to convert ICD-9 codes to ICD-10 codes)

346 <input type="checkbox"/> Migraines (specify code for type)	848.3 <input type="checkbox"/> Ribs, Sprain/Strain
784.0 <input type="checkbox"/> Headache	848.5 <input type="checkbox"/> Pelvis, Sprain/Strain
847.0 <input type="checkbox"/> Neck, sprain, soft tissue injury of cervical spine, whiplash	843.0 <input type="checkbox"/> Iliofemoral (ligament) Sprain, unspecified site
848.1 <input type="checkbox"/> Jaw, TMJ & Ligament, Sprain/Strain	846.9 <input type="checkbox"/> Sacroiliac Region Sprain/Strain, unspecified site
723.1 <input type="checkbox"/> Cervicalgia, neck pain, cervical spine pain	844.9 <input type="checkbox"/> Knee or Leg, Sprain/Strain, unspecified site
840.3 <input type="checkbox"/> Infraspinatus Sprain/Strain	845.00 <input type="checkbox"/> Ankle, Sprain, unspecified site
840.5 <input type="checkbox"/> Subscapularis Sprain/Strain	845.10 <input type="checkbox"/> Foot Sprain, unspecified site
840.9 <input type="checkbox"/> Shoulder and Upper Arm, Sprain/Strain, unspecified site	724.4 <input type="checkbox"/> Thoracic/lumbosacral neuritis/radiculitis, unspecified
841.9 <input type="checkbox"/> Elbow and Forearm Sprain/Strain, unspecified site	724.3 <input type="checkbox"/> Sciatica, neuralgia, neuritis
842.00 <input type="checkbox"/> Wrist Sprain/Strain, unspecified site	728.2 <input type="checkbox"/> Muscular wasting and disuse atrophy, not otherwise classified
354.0 <input type="checkbox"/> Carpal Tunnel Syndrome	728.85 <input type="checkbox"/> Spasm of Muscle _____
842.10 <input type="checkbox"/> Hand Sprain/Strain, unspecified site	718.42 <input type="checkbox"/> Contracture of Joint, Upper Arm
724.1 <input type="checkbox"/> Thoracic Spine Pain	729.1 <input type="checkbox"/> Myalgia & Myositis, Fibromyalgia, NOS
847.1 <input type="checkbox"/> Thoracic Sprain/Strain	728.9 <input type="checkbox"/> Unspecified Disorder of Muscle, Ligament, Fascia
847.2 <input type="checkbox"/> Lumbar Sprain/Strain	781.92 <input type="checkbox"/> Abnormal Posture
847.3 <input type="checkbox"/> Sacrum Sprain/Strain	_____ <input type="checkbox"/> _____
847.9 <input type="checkbox"/> Back, Sprain/Strain, unspecified site	_____ <input type="checkbox"/> _____
848.9 <input type="checkbox"/> Sprain/Strain, unspecified site	_____ <input type="checkbox"/> _____

_____ number of sessions this script _____ times per week OR _____ times per month.

Patient to return or call prior to renewal of prescription.

Plan of Care/Comments

Physician's Signature _____

License _____

784.0 Headache	<ul style="list-style-type: none"> • 2016 ICD-10-CM G44.1 Vascular headache, not elsewhere classified <p style="text-align: center;">or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM R51 Headache
847.0 Neck, sprain, soft tissue injury of cervical spine whiplash	<p>ICD-9-CM 847.0 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S13.4XXA Sprain of ligaments of cervical spine, initial encounter <p style="text-align: center;">or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S13.8XXA Sprain of joints and ligaments of other parts of neck, initial encounter
848.1 Jaw, TMJ and Ligament, Sprain/Strain	<p>ICD-9-CM 848.1 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S03.4XXA Sprain of jaw, initial encounter
723.1 Cervicalgia, neck pain, cervical spine pain	<p>ICD-9-CM 723.1 converts directly to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M54.2 Cervicalgia
840.3 Infraspinatus Sprain/Strain	<p>ICD-9-CM 840.3 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S43.80XA Sprain of other specified parts of unspecified shoulder girdle, initial encounter
840.5 Subscapularis Sprain/Strain	<p>ICD-9-CM 840.5 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S43.80XA Sprain of other specified parts of unspecified shoulder girdle, initial encounter

<p>840.9 Shoulder and Upper Arm, Sprain/Strain unspecified site</p>	<p>ICD-9-CM 840.9 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S43.409A Unspecified sprain of unspecified shoulder joint, initial encounter <p>or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S46.919A Strain of unspecified muscle, fascia and tendon at shoulder and upper arm level, unspecified arm, initial encounter
<p>841.9 Elbow and Forearm Sprain/Strain, unspecified site</p>	<p>ICD-9-CM 841.9 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S53.409A Unspecified sprain of unspecified elbow, initial encounter <p>or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S56.919A Strain of unspecified muscles, fascia and tendons at forearm level, unspecified arm, initial encounter
<p>842.00 Wrist Sprain/Strain, unspecified site</p>	<p>ICD-9-CM 842.00 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S63.509A Unspecified sprain of unspecified wrist, initial encounter <p>or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S66.919A Strain of unspecified muscle, fascia and tendon at wrist and hand level, unspecified hand, initial encounter
<p>354.0 Carpal Tunnel Syndrome</p>	<p>ICD-9-CM 354.0 converts approximately to:</p>

	<ul style="list-style-type: none"> • 2016 ICD-10-CM G56.00 Carpal tunnel syndrome, unspecified upper limb
842.10 Hand Sprain/Strain, unspecified site	<p>ICD-9-CM 842.10 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S63.90XA Sprain of unspecified part of unspecified wrist and hand, initial encounter <p>or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S66.919A Strain of unspecified muscle, fascia and tendon at wrist and hand level, unspecified hand, initial encounter
724.1 Thoracic Spine Pain	<p>ICD-9-CM 724.1 converts directly to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M54.6 Pain in thoracic spine
847.1 Thoracic Sprain/Strain	<p>ICD-9-CM 847.1 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S23.3XXA Sprain of ligaments of thoracic spine, initial encounter <p>or:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S23.8XXA Sprain of other specified parts of thorax, initial encounter
847.2 Lumbar Sprain/Strain	<p>ICD-9-CM 847.2 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S33.5XXA Sprain of ligaments of lumbar spine, initial encounter

847.3 Sacrum Sprain/Strain	<p>ICD-9-CM 847.3 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
847.9 Back, Sprain/Strain, unspecified site	<p>ICD-9-CM 847.9 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S23.9XXA Sprain of unspecified parts of thorax, initial encounter
848.9 Sprain/Strain, unspecified site	<p>ICD-9-CM 848.9 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM T14.90 Injury, unspecified
848.3 Ribs, Sprain/Strain	<p>ICD-9-CM 848.3 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S23.41XA Sprain of ribs, initial encounter
848.5 Pelvis, Sprain/Strain	<p>CD-9-CM 848.5 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
843.0 Iliofemoral (ligament) Sprain, unspecified site	<p>ICD-9-CM 843.0 converts approximately to:</p> <ul style="list-style-type: none"> • Knee or Leg, Sprain/S2016 ICD-10-CM S73.119A Iliofemoral ligament sprain of unspecified hip, initial encounter
846.9 Sacroiliac Region Sprain/Strain, unspecified site	<p>ICD-9-CM 846.9 converts approximately to:</p>

	<ul style="list-style-type: none"> 2016 ICD-10-CM S33.9XXA Sprain of unspecified parts of lumbar spine and pelvis, initial encounter
844.9 Knee or Leg, Sprain/Stain, unspecified site	<p>ICD-9-CM 844.9 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S83.90XA Sprain of unspecified site of unspecified knee, initial encounter <p>or:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S86.919A Strain of unspecified muscle(s) and tendon(s) at lower leg level, unspecified leg, initial encounter
845.00 Ankle, Sprain, unspecified site	<p>ICD-9-CM 845.00 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S93.409A Sprain of unspecified ligament of unspecified ankle, initial encounter <p>or:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S96.919A Strain of unspecified muscle and tendon at ankle and foot level, unspecified foot, initial encounter
845.10 Foot Sprain, unspecified site	<p>ICD-9-CM 845.10 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S93.609A Unspecified sprain of unspecified foot, initial encounter <p>or:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM S96.919A Strain of unspecified muscle and tendon at

	ankle and foot level, unspecified foot, initial encounter
724.4 Thoracic/lumbosacral neuritis/radiculitis, unspecified	<p>CD-9-CM 724.4 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M54.14 Radiculopathy, thoracic region <p>or:</p> • 2016 ICD-10-CM M54.15 Radiculopathy, thoracolumbar region <p>or:</p> • 2016 ICD-10-CM M54.16 Radiculopathy, lumbar region <p>or:</p> • 2016 ICD-10-CM M54.17 Radiculopathy, lumbosacral region
724.3 Sciatica, neuralgia, neuritis	<p>ICD-9-CM 724.3 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M54.30 Sciatica, unspecified side
728.2 Muscular wasting and disuse atrophy, not otherwise classified	<p>ICD-9-CM 728.2 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M62.50 Muscle wasting and atrophy, not elsewhere classified, unspecified site
728.85 Spasm of Muscle	<p>ICD-9-CM 728.85 converts approximately to:</p> <ul style="list-style-type: none"> • 2016 ICD-10-CM M62.40 Contracture of muscle, unspecified site <p>or:</p>

	<ul style="list-style-type: none"> 2016 ICD-10-CM M62.838 Other muscle spasm
718.42 Contracture of Joint, Upper Arm	<p>ICD-9-CM 718.42 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM M24.529 Contracture, unspecified elbow
729.1 Myalgia and Myositis, Fibromyalgia NOS	<p>CD-9-CM 729.1 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM M60.9 Myositis, unspecified <p>or:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM M79.1 Myalgia <p>or:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM M79.7 Fibromyalgia
728.9 Unspecified Disorder of Muscle, Ligament, Fascia	<p>ICD-9-CM 728.9 converts approximately to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM M62.9 Disorder of muscle, unspecified
781.92 Abnormal Posture	<p>ICD-9-CM 781.92 converts directly to:</p> <ul style="list-style-type: none"> 2016 ICD-10-CM R29.3 Abnormal posture