

## Healing Light Yoga and Massage Price List, Studio Policy, and Waiver

**Steve J Davis, RYT, LMT, BCTMB, Founder and Owner, Healing Light Yoga and Massage.**

**Mobile/Text (503) 724-2755.** Fax (503) 200-1276. [By Appointment Only.](#)

Located in the heart of Hollywood, at 4036 NE Sandy Blvd., Suite 204, Portland, OR 97212

[www.healinglight.info](http://www.healinglight.info) [steve.davis@healinglight.info](mailto:steve.davis@healinglight.info)

YA #29243, OBMT #13099, BCTMB #512195-6, NPI #1124359088. NCBTMB Approved Provider #1122.

| Price List   |                                |   |           |       |       |              |              |              |
|--|--------------------------------|---|-----------|-------|-------|--------------|--------------|--------------|
| Service  | Session time in minutes, hours |   |           |       |       |              |              |              |
|  | 15                             | 30  | 60        | 75    | 90    | 2 hours      | 2.5 hours    | 3 hours      |
| New Client Consultation,<br><br>Photo ID required  | Free                           | \$75 Client Intake & Treatment Plan.<br><br>Normally incorporated into 1 <sup>st</sup> Session. Extra charge if scheduled separately. |           |       |       |              |              |              |
| <b>Track 1.</b> Best Option for Learning and Fast Progress. Recommend 6 Sessions, then reassess progress. Recommend 2 to 3 hours per Session for most Clients. Photos and HD Video. Posture Photos, Gait Analysis, Healing Light Kata, S.O.A.P. charting. Uploaded within 24 hours of session to private access point. |                                |   | \$190     | \$240 | \$285 | <b>\$380</b> | <b>\$475</b> | <b>\$570</b> |
| <b>Track 2.</b> For those on a budget. Recommend 6 Sessions, then reassess progress. Recommend 2 to 3 hours per Session for most Clients. No photos or video.  |                                |   | \$95      | \$120 | \$145 | <b>\$190</b> | <b>\$240</b> | <b>\$285</b> |
| <b>Track 3.</b> Medical Massage Therapy.<br>*Prescription from Primary Care Provider required.   |                                |   | included. |       |       |              |              |              |
| Consultation. In person or remote. \$150 per hour.   |                                |   |           |       |       |              |              |              |
| Computer and Creative Services Consultation. In person or remote. \$150 per hour.  |                                |   |           |       |       |              |              |              |
| Public Speaking Engagement. Keynote Address, Professional Seminar. 45 minutes. Starts at \$2,500.  |                                |   |           |       |       |              |              |              |

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### About Steve J Davis and Healing Light Yoga and Massage

Creator: Present Moment Program, Assessment of Posture and Musculoskeletal Balance Course, Ethics for the Professional Massage Therapist and Bodyworker, Cultural Competence for the Health Care Professional.

- Registered Yoga Teacher, Licensed Massage Therapist
- Board Certified in Therapeutic Massage and Bodywork
- NCBTMB Approved Provider.
- 40+ years experience.

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“Steve Davis is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider and is also sponsored by NCBTMB to teach New York LMTs continuing education that is accepted by the state of New York for license renewal.”

Here is a quote from me. *Remember that you cannot fool a yogi.*

Healing Light Kata is fusion of Yoga, Supreme Ultimate Fist, and Posture Alignment. Massage Therapy is an integration of Swedish, Deep Tissue, Structural Alignment, Zen Shiatsu, Traditional Thai, Chinese including Acupressure, Tui Na, Sports, Medical, Hot Stone, and Ice.

### Forms List

1. Price List, Studio Policy, and Waiver.
2. Client Intake and Record.
3. Physician's Referral and Prescription, for insurance billing.
4. Model Release, optional.

[Schedule online.](#)

## Studio Policy

**Dear Client, please read everything, and sign and date. Thanks!**

1. **For your first appointment**, please bring your photo ID, fill out the client record, intake form, and medical history in full, sign and date where indicated. Complete information is needed for your safety and benefit. Records are private per HIPAA regs. Please read the Price List, Studio Policy and Waiver, Client Intake and Record, Model Release (optional). Bring your Physician's Referral and Prescription if this will be for insurance billing, and your insurance information.
2. **Please be on time.** Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

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If you need more time during your session, please understand that I will do my best to add more time if the schedule allows, and that you are agreeing to pay me for the extra time. We will discuss it at that time before proceeding.

3. **Contagious diseases/conditions.** If you are ill with a contagious disease, **your session will not be scheduled until your disease/condition has been resolved.** This precaution is necessary to protect everyone from infection. This includes upper respiratory infections, colds, coughs, flu, fever, and any type of infectious skin/nail/hair condition, including fungus infections.
4. **Massage Therapy Sessions** are designed for your maximum comfort and to get the best therapeutic results. You will be undressed to the level of your comfort, and professionally draped at all times. We will communicate as needed to follow the best course during each session. It is best to relax and just enjoy the session!
5. **Healing Light Kata** is an integration of Royal Yoga, Supreme Ultimate Fist, and Posture Alignment. **Massage Therapy** is an integration of Swedish, Deep Tissue, Structural Alignment, Zen Shiatsu, Traditional Thai, Chinese including Acupressure, Tui Na, Sports, Medical, Hot Stone, Ice.
6. **Group Yoga Classes and Workshops.** See Class Schedule. You must schedule your place in class in advance. Payment is due in advance or upon arrival. Sign Form: Price List, Studio Policy and Waiver. Please bring your own yoga mat if you require a yoga mat. We have blankets! ☺

### General Service Policy:

By making an appointment, I agree that I understand that I may receive a yoga and/or massage therapy session for the purpose of maintaining optimal well-being and fitness.

Steve J Davis, is a registered yoga teacher and licensed massage therapist. He does not reject clients based on nationality, sex, sexual preference, age, or any other classification. However he does reserve the right to refuse service to anyone. He does not diagnose illness, disease, or other physical or mental disorders. He does not prescribe medical treatments or drugs.

The following statements are for all appointments: Payment of services rendered is due at the time of the appointment, or in advance. Privacy policy for all personal and medical information. The following statement meets the HIPAA privacy regulation. Steve J Davis will not release any client information to anyone other than the client without written permission from the client.

Please do not eat for at least one hour before your session time. Be sure and drink plenty of pure water before the session. Have some time to relax after the session. Drink plenty of water for the next two days.

For the Yoga (Kata) Session, please have garments to wear that you can move freely in, either tights, or loose-fitting. If you are going to have your posture photos taken, then your clothes should be form-fitting to see the contours of the body. Please bring your own yoga mat if you need one. We have blankets available at the studio.

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### Reservation Policy:

Payment is due at the time of reservation. Please be on time. Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

### Cancellation policy:

To avoid being charged for missed appointments, I agree to give 24 hour notice of cancellation, barring any emergencies, should I need to cancel or change any future appointments.

### Payment Policy:

Payment is due at the time of reservation or upon arrival. We accept all major credit and debit cards, cash, and check. For *Medical Massage Therapy*, I agree to pay in the unlikely event my insurance company declines payment.

## Waiver and Release of Liability

for

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I hereby release Steve J Davis and Healing Light Yoga and Massage for any liability for any claims now and in the future resulting from my participation in consultations, sessions, classes, and workshops with Steve Davis and Healing Light Yoga and Massage.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Yes, I have read the Healing Light Yoga and Massage Price List, Studio Policy, and Waiver, and I agree to abide by it. Thank you!