

## Recent Comments about my Ethics CE Courses for CE Contact Hours

### Great Ethics

"Thanks for a great ethics course!"

"I second that statement! As an LMT and a mother of a very active two yr old I have very few hours within normal class times. Your online class has made it possible for me to take the class while she sleeps. I also want to say that your case studies were very informative and helpful. thank you for providing this service!"

"Very good information an good case studies i myself have never encountered any of these scenarios but looking to start my own practice and will probably be presented with these type of scenario thanks"

"Ahaa! I finally figured this forum thing out. Thank you for being so open and honest about your client examples. I worked at place once that required us to work on people who were drunk. It was nice to have standards to fall back on. It feels like support. my bosses weren't massage therapists, they had nothing to lose with their behavior. The ethics in my profession made it easy to quit that job and find another. We are responsible for our own actions. I think the ethics build us up and give us pride and professionalism. Thanks for the great tunes. That was kinda a much needed treat."

"Great ethics course !  
Thanks for the review and new information!"

"I agree, thank you for making this course available to us!!"

"I like the idea of having the Right to refuse treatment on the intake form. I enjoyed taking this class again. It is a reminder of what and how we as a profession stand together. Steve, thank you for sharing your forms. I will be looking at mine to see what needs to be updated to be even clearer."

"Wonderful Ethics course for those of us that couldn't make it to a class setting. The real life case studies compared to the actual Ethics law was especially helpful and interesting."

"Steve, thank you for all the time and effort you put into making this class. Your case studies were fascinating. Again, thank you for the course!"

"I have to say this has been one of the most interesting continuing education programs I've ever taken, the case

studies were so interesting and actually one was a similar situation I've been in as well. I will be back thank you Steve for making it enjoyable."

"The case studies really bring home the issues for me. It's great to hear about how another therapist responded in a situation that most of us can relate to. Its all about using your best judgment."

"Being a LMT we are faced with many challenges, but this job is extremely rewarding. We must always uphold the emotional, physical, and mental well-being of clients, people who we work with and ourselves."

"I appreciated how Steve slowed down just enough to make you listen"

"What a steal this deal was. Would 100% recommend to anyone getting there license renewed in a pinch. This saved my December renewal deadline as I needed my 4 contact Hours on New Year's Eve. Thorough, practical, and easy to follow along. Thx Steve"

"Some good reminders in this course. Over the years I've had a few interesting cases in my practice. From what I got from this course I think I handled them pretty well"

"I super appreciate that you created a course that can be taken online and yet also receive contact hours for. Great review of ethics. Thank you!"

"Ethics are awesome!

I found this online ethics course very interesting and informative. Being that I needed 4 CE hours same day to renew my card has been a God send."

"Ethics is one of those subjects that for so long has felt like the obvious natural path that one takes in life. Now being a few years in a professional setting I understand that making ethical choices 100% of the time as a massage therapist is vital to the robust potential massage therapy offers to peoples health. Its helpful to continue to look at the details of what creates an ethical practice. Thank you for providing the information that helps us stay sharp in our ethical clarity."

"Although I understand and appreciate the need for a refresher course on ethics—it can be challenging to find an affordable option—and make the time to attend. This course is perfect! It is informative, well done, thorough and fulfills contact CEUs. Brilliant! Thank you again for the effort and knowledge. I couldn't be more grateful!"

"Thank you for the course. Great information! When I first started working I had to deal with a lot of men who were looking for something else. I learned real quick how to deal with them in a very professional way and when to stop a

session and/or fire a client. I had one guy get so angry with me and tell me to stop saying "illegal". I have had people mad that I won't do the massage without the paperwork being filled out and up and leave. I have had situations where I wanted to just tell the person off but my code of ethics won't allow me. This is nice to remind me I am doing the right thing and there is a reason I bite my tongue and smile. Thanks for the refresher."

"This is my second year as a massage therapist, and my first time renewing my license. The ethics class was great review now that I am out of school, and in the field. I appreciated the breakdown of each section in the Code of Ethics. The Code of Ethics is vital, and something we should all place high importance on."

"Thanks Steve,

I really appreciate how much time, effort, and care went into the creation of this course, as well as how available you make yourself to all of us."

"Thank you so much Steve for bringing about this interactive lesson plan to all the body workers. Without people like you sometimes our understanding of things can be A little convoluted at times."

"I appreciate the post about outside relationships with a massage therapist not mixing even relational sex with massage during a massage. My husband and I are both massage therapists and we do not do anything sexual in either of our work spaces with each other. It is an energy that we don't want in our space or on our table at all even with each other. It has helped to build trust that the sacred space is meant to be professional even for people who would be able to use it in other ways because they are married. It holds the ethical line in a steadfast position."

"Thank you for the great course and mentorship. During my course there was a situation that unfolded in front of me regarding another therapist's ethics and my responsibility around what I knew. I really appreciate your guidance with backup of rules and regulations about how to approach the situation."

"These ethics courses are a good reminder to stay client focused and not engage in unnecessary conversation that strays too far from the treatment"

"Great Ethics class Steve! I appreciate your responses and personal stories. I know I will visit this community often as it offers a wealth of information!

Thank you for all your hard work!!"

"Thank you so much for this course! I felt like I got a lot of information from your videos. I remember taking an ethics course about 3 years ago and it was very short. I liked that your videos had a lot of examples and real life situations. Thanks again!"

"I took this course two years ago and was inspired to come back for a second round plus additional CE. I really enjoyed how clear and thorough you are. Integrity of Ethics is not only important for me in business but life as well."

"Thank you again for a great course."

**From the Instructor:** *You are welcome! I am glad to be of service to you.*

*Thank you, I really appreciate your feedback and support and it is important to me to have your feedback and messages of support!*

*Best regards always!*

*Namaste,*

*Steve*

## **Recent Comments about my Science CE Courses for CE Contact Hours**

### **Posture and Musculoskeletal Balance**

**"I just took the Intro Class and am appreciative of the wealth of information available in the library. Although for now, I'm just dipping my toe into this subject, I am intrigued to delve more deeply in the future.**

**I am most interested in balancing the nervous system, which I think has been put on the back burner in the massage profession, with everyone so keen on jumping into the medical model, and fixing muscles, etc.**

**I think the value of massage in terms of a healthy nervous system will always be front and center, and everything else follows from that."**

**"I just completed Stage 1 Lesson 1, and am excited to learn more. I have been practicing yoga since 1970, and have also benefited greatly from a ten session series of Structural Integration, and I know how important all of this is.**

**As a massage therapist I have not had enough training in analyzing clients' posture and movement, so I find this material exciting and valuable."**

**"Thank you for the overview course. Of course there was a few things that I wasn't sure about but once I do some of the other lessons I will understand."**

**"I am excited to practice the kata sets for myself, and to incorporate some of these poses into**

the assessment of a patient's posture. I often find myself noticing misalignment when someone is laying on the table (I was also taught to do with craniosacral therapy) but I have felt that my knowledge of how to assess and correct this has been quite limited; improving this will take some time! Thank you for the information”

“Do you recommend practicing each kata set in order from 1-10, or can they be learned out of order?”

*From the Instructor: “It really depends on what each Client is presenting to you.*

*If they are able to stand and move on their feet without too much difficulty, then I recommend starting in order with the Healing Light Kata Primary Series, Sets 1 through 4.*

*Then you can proceed through any of the other asanas in the other Sets, depending on what you perceive is needed for that Client.*

*From a post that I just wrote to another Student.*

*The Healing Light Kata, Primary Series, Set 1, was originally developed for a Client that said that she could only spare 5 minutes per day for any exercise program that I would recommend to her.*

*Once learned, it takes about 3 minutes thirty seconds to perform.*

*I recommend the Healing Light Kata, Primary Series, Sets 1 through 4, which takes about 20 minutes to perform once learned. Also you can do other asanas as required in the other Sets, depending on the Client Treatment Plan.*

*The Healing Light Kata, Set 8, Floor Series, is a great cool-down set (takes about 12 minutes) before the Focused Massage Therapy Session. It can be modified to be easier by leaving out certain asanas, which may be more difficult for the Client. The Focused Massage Therapy*

*Session is optional.*

*Best regards!*

*Steve”*

“Very interesting info cant wait to integrate these type of work and it’s only the intro to these great program”

“I have never taken a rolfing course. Would you say that part of your posture assessment is similar in nature with postural shifts over time being a similar goal?”

*From the Instructor: “Yes, it is similar in nature with the goal of attaining neutral posture. However, there are significant differences in my approach vs the approach of Rolfing, aka Structural Integration.”*

“Steve,

I love the discussion of how gravity effects not only the posture but the body relative to function. This is a force that is very obvious to see wen watching runners moving around a track while racing. I was a competitive runner for 20 years and work on runners as a massage therapist for 25 years now. While in the stands you can see the posture and how runners fight gravity when running posture is inefficient.”

“Regarding Lesson 3, it is clear that getting the planes and movement directions down take a little practice but then you get to start seeing them.”

“I have come to the conclusion that one really needs to go through the presentations and work with them multiple time to fully integrate them into you practice. I am guessing the continuation of the courses will help with that integration”

*From the Instructor: “Yes, this is crucial for a number of important reasons.*

***First, it is to recognize the importance of how this works with Newton's Universal Law of Gravitation, Newton's Laws of Motion, Biomechanics, and other important laws of physics.***

***Another reason is to communicate with other Healthcare Professional, for example, Orthopaedic Surgeons, Orthopaedists, Osteopaths, Chiropractors, Physical Therapists, Physios, etc.***

***And other important reasons are to develop consistent and professional Charting Notes, i.e., S.O.A.P. Charting Notes, for the above reasons, and also for developing peer-reviewed Case Studies Research to be published in peer-reviewed Healthcare and Medical Journals.***

***Best regards!***

***Steve"***

**"The 4th course (*Lesson 4 in Stage 1, Theory*) was, by far, my favorite. It was easier to apply the concepts behind what you taught in lesson 3. There was some difficulty figuring out how to navigate the information for each course—which I didn't experience with the Ethics course. Otherwise, it has been a meaningful, educational experience!"**

**"Looking forward to the courses... I have a feeling this is the beginning of a wonderful journey!"**

**"So much information! excited to dive in, thank you."**

**"just finished lecture 5 (*Lesson 5 in Stage 2, Method*), I work with a chiropractor and I can't wait to put some of my new tools to work!"**

**"Structural balance and its relation to muscular pain is very interesting. Once you start learning about it (as a massage therapist at least) you start to see peoples imbalances just as theyre walking down the street. Its a very important topic for bodyworkers because they need to be aware of the clients imbalances in order to properly treat them. Thank you for offering**

such a useful CE course!”

“I enjoyed this course, the explanation of how the body structure works based on the Laws of Physics and Newton’s Law of Gravity was very accurate, insightful, & useful. Looking forward to the next class.”

“There is a lot to take away from this course. Awareness comes to mind a lot as I think about my body mechanics as I’m working as a therapist. Not just evaluating my clients but adapting new ways to take care of myself as well. If I’m not implementing these changes in my daily life how could I expect my clients to do the same.”

“This is very detailed course! Thank you for putting this together. My question would be how would you apply this in a paid timed session when doing massage.”

*From the Instructor: “You are welcome! Glad to be of service to you. This is covered in Stage 2, Method. The Assessment and Movement Session is separate from the Focused Massage Therapy Session.”*

“While in school for massage therapy, I remember learning about these concepts, but actual application was difficult. After taking this course, with the more clear examples and explanations, I feel I can better provide an assessment for myself and my clients.”

“Once I complete the course, will I still have access to the Library? There is so much great content in there and I would like to spend more time reviewing!”

*From the Instructor: “Absolutely! You have full access to the Library and all of your CE Courses, with no time limit. You are welcome!”*

“I had no idea a course like this was out there to give such great methods and advice on a topic that affects every human. I look at myself and clients very differently now. I also want to learn how to employ more of these methods at my practice. Life changing course.”



**“Thank you very much for this course! I have learned so much more in ways to help my clients. I have always felt that breath, posture, and gate are key in preventing pain and injury. You gave me the tools to help my clients even further, and for that I have so much gratitude. People rarely think of the importance in these, and are more focused just on the localized pain in the muscle. I have also been toying with the idea of getting certified in yoga, and after this course I’m actually going to take action and do it. The videos in the library are so informative and inspiring as well! I absolutely love being a part of a community that inspires health and healing. Thank you all!”**

**“I appreciate the application of some very key principles for use in my own treatment programs and practice from Steve’s extensive and unique program Posture and Musculoskeletal Balance. The plumb line should be very interesting to apply with clients.”**

**“I’m getting a great refresher course on physics! You make it easier to understand than most high school teachers, thank you for that. How did you come up with breaking it down so simply?”**

***From the Instructor: “You are welcome! I am glad to be of service to you.***

***A lifetime of learning and teaching. Many years of study and application of the principles in Physics, Biomechanics, Statics, and applying these sciences to yoga, massage therapy, climbing, rigging, rescue, design of these systems, working with thousands of people over a period of many years. A thorough study of Newton’s Universal Theory of Gravitation, Newton’s Laws of Motion, and the natural laws that apply to bodies in motion through space and time.”***

**“Really good course! Learned a lot!”**

**“So far I have only taken the intro class. I am looking forward to getting into the material and integrating my years of massage practice and previous yoga experience. I am both excited by the learning prospects and overwhelmed by the magnitude of material...and I am not letting**

**the overwhelm overtake me.”**

**“As a mathematician I appreciated the physics component of the lesson! Well done.”**

**From the Instructor: *You are welcome! I am glad to be of service to all of you.***

*Best regards always!*

*Namaste,*

*Steve*