

Healing Light Yoga and Massage Price List, Studio Policy, and Waiver

Steve J Davis, RYT, LMT, BCTMB, NCBTMB APCE, CPP, FAA Remote Pilot sUAS, DTM

Founder and Owner, [Healing Light Yoga and Massage](#)

Tune into Life! Supreme Wellness, Power of Performance!

Continuing Education Courses for Healthcare and Wellness Professionals

Mobile/Text (503) 724-2755. Fax (503) 200-1276. [By Appointment Only.](#)

steve.davis@healinglight.info

Located in the heart of Hollywood, at 4036 NE Sandy Blvd., Suite 204, Portland, OR 97212

Mailing address: P.O. Box 1221, Lake Oswego, OR 97035

- Registered Yoga Teacher, Licensed Massage Therapist
- Board Certified in Therapeutic Massage and Bodywork
- NCBTMB Approved Provider.
- 50+ years' experience.

YA #29243, OBMT #13099, BCTMB #512195-6, NPI #1124359088, NCBTMB Approved Provider #1122.

Here is a quote from me. *Remember that you cannot fool a yogi.*

For Professional Photography, Videography and Cinematography, please see

[Star Performer, LLC](#)

Empowering Star Performers on the World Stage! Connect with Life!

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steve.davis@starperformer.org

(503) 724-2755 Mobile/Text

Explanation of credentials

- RYT, Registered Yoga Teacher
- LMT, Licensed Massage Therapist
- BCTMB, NCBTMB Board Certified in Therapeutic Massage and Bodywork
- NCBTMB APCE, National Certification Board for Therapeutic Massage and Bodywork - Approved Provider of Continuing Education
- DTM, Toastmasters International Distinguished Toastmaster
- FAA Part 107 Remote Pilot, sUAS, Federal Aviation Administration Licensed Remote Pilot for Small Unmanned Aircraft Systems
- CPP, Certified Professional Photographer, Professional Photographers of America
- Among others. Always keep learning, keep the credentials current.

[Bio and CV of Steve J Davis, RYT, LMT, BCTMB, NCBTMB APCE, CPP, FAA Remote Pilot sUAS, DTM](#)

Teaching and Learning are two sides of the same coin. True knowledge is Evergreen, always current with the times, relevant.

My philosophy, life path, and this is the path of Yoga:

- Respect All People and All Living Beings Equally
- Be of Service
- Love All

Studio Policy

- Do No Harm
- Safety
- Results

Price List								
Service	Session time in minutes, hours							
	15	30	60	75	90	2 hours	2.5 hours	3 hours
New Client Consultation, Photo ID required	Free Photo ID required In advance	\$250 Client Intake & Treatment Plan. Normally incorporated into 1 st Session. Extra charge if scheduled separately.						
Track 1. Best Option for Learning and Fast Progress. Recommend 6 Sessions, then reassess progress. Recommend 2 to 3 hours per Session for most Clients. Photos and HD Video. Posture Photos, Gait Analysis, Healing Light Kata, S.O.A.P. charting. Uploaded within 24 hours of session to private access point.			\$240	\$300	\$360	\$480	\$600	\$720
Track 2. For those on a budget. Recommend 6 Sessions, then reassess progress. Recommend 2 to 3 hours per Session for most Clients. No photos or video.			\$120	\$150	\$180	\$240	\$300	\$360
Track 3. Medical Massage Therapy. *Prescription from Primary Care Provider required.			included.					
Consultation. In person or remote. \$450 per hour.								
Computer and Creative Services Consultation. In person or remote. \$450 per hour.								
Public Speaking Engagement. Keynote Address, Professional Seminar. 45 minutes. Starts at \$5,000.								

Forms List

1. Price List, Studio Policy, and Waiver.
2. Client Intake and Record.
3. Physician’s Referral and Prescription, for insurance billing.
4. Model Release, optional.

Studio Policy

Dear Client, please read everything, and sign and date. Thanks!

1. **For your first appointment**, please bring your photo ID, fill out the client record, intake form, and medical history in full, sign and date where indicated. Complete information is needed for your safety and benefit. Records are private per HIPAA regs. Please read the Price List, Studio Policy and Waiver, Client Intake and Record, Model Release (optional). Bring your Physician's Referral and Prescription if this will be for insurance billing, and your insurance information.

Please be on time. Everyone's time is important. 24 hours' notice is required to change the appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time. If you need more time during your session, please understand that I will do my best to add more time if the schedule allows, and that you agree to pay me for the extra time. We will discuss it at that time before proceeding.

2. **Contagious diseases/conditions.** If you are ill with a contagious disease, **your session will not be scheduled until your disease/condition has been resolved.** This precaution is necessary to protect everyone from infection. This includes upper respiratory infections, colds, coughs, flu, fever, and any type of infectious skin/nail/hair condition, including fungus infections.
3. **Massage Therapy Sessions** are designed for your maximum comfort and to get the best therapeutic results. You will be undressed to the level of your comfort, and professionally draped at all times. We will communicate as needed to follow the best course during each session. It is best to relax and just enjoy the session!
4. **Healing Light Kata** is an integration of Royal Yoga, Supreme Ultimate Fist, and Posture Alignment. **Massage Therapy** is an integration of Swedish, Deep Tissue, Structural Alignment, Zen Shiatsu, Traditional Thai, Chinese including Acupressure, Tui Na, Sports, Medical, Hot Stone, Ice.
5. **Group Yoga Classes and Workshops.** See Class Schedule. You must schedule your place in class in advance. Payment is due in advance or upon arrival. Sign Form: Price List, Studio Policy and Waiver. Please bring your own yoga mat if you require a yoga mat. We have blankets! ☺

General Service Policy:

By making an appointment, I agree that I understand that I may receive a yoga and/or massage therapy session for the purpose of maintaining optimal well-being and fitness.

Steve J Davis is a registered yoga teacher and licensed massage therapist. He does not reject clients based on nationality, sex, sexual preference, age, or any other classification. However, he does reserve the right to refuse service to anyone. He does not diagnose illness, disease, or other physical or mental disorders. He does not prescribe medical treatments or drugs.

The following statements are for all appointments: Payment of services rendered is due at the time of the appointment, or in advance. Privacy policy for all personal and medical information. The following statement meets the HIPAA privacy regulation. Steve J Davis will not release any client information to anyone other than the client without written permission from the client.

Please do not eat for at least one hour before your session time. Be sure and drink plenty of pure water before the session. Have some time to relax after the session. Drink plenty of water for the next two days.

For the Yoga (Kata) Session, please have garments to wear that you can move freely in, either tights, or loose-fitting. If you are going to have your posture photos taken, then your clothes should be form-fitting to see the contours of the body. Please bring your own yoga mat if you need one. We have blankets available at the studio.

Reservation Policy:

Payment is due at the time of reservation. Please be on time. Everyone's time is important. 24 hours' notice is required to change the appointment time, unless you are having an emergency. Missed appointments will be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

Cancellation policy:

To avoid being charged for missed appointments, I agree to give 24-hour notice of cancellation, barring any emergencies, should I need to cancel or change any future appointments.

Payment Policy:

Payment is due at the time of reservation or upon arrival. We accept all major credit and debit cards, cash, and check. For *Medical Massage Therapy*, I agree to pay in the unlikely event my insurance company declines payment.

Waiver and Release of Liability

for Healing Light Yoga and Massage

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I hereby release Steve J Davis and Healing Light Yoga and Massage for any liability for any claims now and in the future resulting from my participation in consultations, sessions, classes, and workshops with Steve Davis and Healing Light Yoga and Massage.

Signature _____

Date _____

Printed

Name _____

Yes, I have read the Healing Light Yoga and Massage Price List, Studio Policy, and Waiver, and I agree to abide by it. Thank you!